

2019

Vanderbilt Legends Club Golf Academy

Member Program Descriptions

JANUARY

26th Mechanics of the Full Swing and Power 9:00 – 11:00 a.m.

A morning of discussions of the Full Swing and how to create more power in your game.

Topics include: The Setup, PGA Tour Swing Positions, How to Learn and Groove, Rhythm and Timing, Common Faults and Fixes, and Golf Fitness.

Cost is FREE!

FEBRUARY

16th Mental Game Workshop 9:00-11:00 a.m.

A two-hour session devoted to the Inner Game. Topics will include:

Course Management	Confidence
Emotional Management	Self Image
How to Organize your Practice	Tournament Jitters
Goal Setting	Controlling Your Thoughts

Friends invited.

Cost is \$99 per student

MARCH

29th Kick-Start the Season Clinic 5:00 – 6:00 pm

Get your game off to a good start by attending this clinic. Focus will be on full swing, short game and putting fundamentals. This is a great way to refresh all parts of your game and kick your season off with a bang.

Cost is \$30 per student

30th

Demo Day

9:00 – 2:00 pm

The Academy staff will be available to assist you with your club fitting needs.

Cost is FREE!

APRIL

5th

Full Swing Clinic - Part 1

5:00-6:00 pm

This clinic is designed specifically to help you learn the proper full swing fundamentals.

Cost is \$30 per student

10th

Masters Dinner

6:30-8:30 pm

A night at the Augusta National here at the club dining room. Kick off Spring and Masters Week with dinner, Masters' Trivia Contest, Instruction and Masters' stories you've never heard.

Cost: Dinner menu

12th

Full Swing Clinic – Part 2

5:00-6:00 pm

This clinic is designed specifically to help you learn the proper full swing fundamentals.

Cost is \$30 per student

19th

Short Game Clinic

5:00 – 6:00 pm

This clinic will focus on chipping, pitching and lob shots around the green. We will also discuss shot selection and how to decide which shot you should use on the course.

Cost is \$30 per student.

24th

Sand Play Clinic

5:00 – 6:00 pm

Instruction will cover all aspects of sand shots. Topics will include short shots, long shots, buried lies, playing from firm sand and fairway bunker play.

Cost is \$30 per student.

31st

Learning to Release Clinic

5:00 – 6:00 pm

Learn a drill that teaches you how to truly release the club. This clinic helps you explore your natural way to a proper release by throwing clubs at a target.

Cost is \$30 per student.

JUNE

5th and 6th 6 -Week Training Program for Juniors 4:00-5:30 pm
12th and 13th
19th and 20th
26th and 27th and July 3rd, 5th, 10th, 11th

A very systematic concept to improving a junior's game. The program includes mastering full swing fundamentals, the short game, course management, the mental game and golf fitness. This program is a must for junior golfers desiring to play high school and college golf. Also included is a one-on-one video lesson that may be used any time during the summer or fall. The sessions begin Wednesday, June 5th and meet every Wednesday and Thursday through July 11th.

Cost of the program is \$689 per student.

7th

The Short Game Workshop

9:00 am – 3:00 pm

An all-day program of short game instruction, testing, and practice. Chipping, pitching, bunker play and putting are all covered in depth. Putter, wedge fitting and video of your technique are included. Drills and practice routines will be given as well. Snacks and lunch are included.

Cost for the day is \$299 per student.

14th

Long Putting Clinic

5:00-6:00 pm

A clinic devoted to the art of long putting. We will discuss philosophy, green reading and the putting stroke for putts from 30 to 70 feet.

Cost is \$30 per student.

21st

Iron Play

5:00-6:00 pm

Clinic dedicated to teaching proper iron play mechanics.

Cost is \$30 per student.

28th

Trouble Play

5:00-6:00 pm

Learn the fundamentals needed to hit hooks and slices on call as well as controlling the trajectory of a shot.

Cost is \$30 per student.

JULY

3rd and 5th

6 – Week Training Program for Juniors

4:00-5:30 pm

10th and 11th